

HAWAII ACADEMY

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Waipahu Gym 808.676.2222; waipahu@hawaiiacademy.com

Honolulu Gym (HG) CLASS SCHEDULE

Honolulu Gym Site Manager: Justine Perkins

2026 MAY

Classes in RED have LOW enrollments

Hawaii Academy Website: www.HawaiiAcademy.com

Department	CLASS	MON	TUE	WED	THU	FRI	SAT	SUN
	Managers	Taylor Pickett (AM) Jan Onigama (PM)	Elaine Santo	Mei Ryan	Melissa Fehling (AM) Amaryllis Pascua Justine Perkins	Maray Lindley Mei Ryan	Amaryllis Pascua Justine Perkins	Paris MacabeoSpahn Elaine Santo
Lifetime Fitness	Adult & Child (Age 1-2 yrs) CoEd / 1 hr	11a-12p Taylor P 3-4p TBN 4-5p Ally V 5-6p TBN	3-4p TBN 4-5p TBN	4-5p TBN 5-6p Polly O	4-5p Jazmine BM 5-6p Jazmine BM	4-5p Wyatt K	830-930 930-1030a Kelly Wescott	930-1030 1030-1130a Jazmine Bilog-Mina 3-4p Angelina Sapiens
	Pre School (Age 3-5 yrs) CoEd / 1 hr	11a-12p Taylor P 1215-115p Taylor P 3-4p TBN 4-5p TBN 5-6p TBN 6-7p TBN	3-4p TBN 4-5p TBN 5-6p TBN 6-7p TBN NEW	3-4p TBN 4-5p TBN 5-6p Polly O 6-7p Polly O	4-5p Jazmine BM 5-6p Jazmine BM	3-4p Maray L 4-5p Wyatt K 5-6p Wyatt K	830-930 930-1030a Xiggy Perkins Pitman 930-1030a Kelly W 1030-1130a Lily A 1-2 2-3p Aiko Yoshikawa-Humphreys 3-4p Aiko Yoshikawa-Humphreys	830-930 930-1030a 1030-1130 1130a-1230p Angelina Sapiens 1-2 2-3 3-4p Angelina Sapiens 930-1030p Jazmine BM
	Youth Fit Gym (Age 6-11 yrs) CoEd / 1 hr	2026 NEW CLASSES IN DEVELOPMENT -- Watch for Opening						
	Teen Fit Gym (Age 12-18 yrs) CoEd / 1 hr	2026 NEW CLASSES IN DEVELOPMENT -- Watch for Opening						
	Adult Fit Gym (Age 19-49 yrs) CoEd / 2 hrs		6-8p Keri Fernandez		7-9p Donna Mah MD			
	Senior Flex Fit (Age 50-99+) CoEd / 1.5 hrs	9-1030a Dr Kim Kepner-Sybounmy			9-1030a Dr Kim Kepner-Sybounmy			
	Special Needs (45-50 min w/ Aid)	2026 NEW CLASSES IN DEVELOPMENT -- Watch for Opening						
Trampoline Gymnastics & Power Tumbling	Introduction to Fundamental Gymnastics	3-4p Lily A	3-4p TBN 4-5p 4-6 TBN	3-4p Maray L 4-5p Maray L 5-6p TBN	3-4p Jazmine BM 4-5p Lily A 5-6p Calypso P	3-4p Maray L 4-5p Aiko YH 5-6p Wyatt K	830-930 930-1030a Justine P 1030-1130p Justine P 830-930 930-1030a 2p Lily A 1030-1130 1130a-1230p Xiggy	830-930 930-1030a 1030-1130 1130a-1230p TBN
	Beginning 1 Mixed Gymnastics Co-Ed / 1 hr (Entry Course)	4-5p Lily A 5-6p Lily A 6-7p Lily A 7-8p TBN	4-5p 7+ Mia VH 5-6p 5-8 TBN 5-6p 9+ Mia VH 6-7p TBN 7-8p TBN NEW	5-6p TBN 6-7p Polly O 6-7p TBN 7-8p Maray L	5-6p Calypso P 6-7p Mia VH NEW 7-8p Mia VH NEW	5-6p Calypso P 6-7p Mia VH NEW 7-8p Mia VH NEW	5-6p Wyatt K 6-7p Aiko YH	830-930p Jazmine BM 930-1030a Aidan A 1130a-1230p Jazmine BM 1-2 2-3 3-4p TBN 2-3 4-5p Angie S
	Beginning 2 Mixed Gymnastics Co-Ed / 1 hr	BEG2 3-4 5-6p Ally V 6-7 7-8p Ally V	BEG2 6-7p Mia VH NEW 7-8p Mia VH NEW	BEG2 5-6p Maray L 6-7p Maray L 7-8p Polly O	BEG2 4-5p Calypso P 5-6p Lily A	BEG2 3-4p Wyatt K 5-6p Aiko YH	BEG2 1030-1130a 1130a-1230p Ally 2-3p Ally V NEW 1-2 4-5p Lily A NEW	BEG2 830-930a Aidan A 1130a-1230p Ally V
	Beginning 3 Mixed Gymnastics Co-Ed / 2 hrs handsprings, whips + flips	BEG3 6-8p NEW Ally Vercruyssen	BEG3	BEG3 6-8p NEW Annabelle Overstreet	BEG3 4-6p Mia Vercruyssen 6-8p NEW Lily Andrews	BEG3 830-1030a Ally Vercruyssen	BEG3 1030a-1230p Aidan Altfeld 1-3p NEW Ally Vercruyssen	
	Intermediate Mixed Gymnastics Co-Ed / 2 hrs Must have handsprings + flips			INT 4-6p Scott Ryan			INT 1030a-1230p INT 1-3p Aidan Altfeld	
	Intermediate Trampoline Gym & Power Tumbling Co-Ed / 2 hrs Must have handsprings + flips						NEW 3-5p Ally Vercruyssen	
	Advanced Trampoline Co-Ed / 2 hrs Multiple Flips & Twists		6-8p Accelerated Learning for Jumpers + Instructors Dr Max + Matt Bocaya				3-5p Accelerated Learning for Jumpers + Instructors Dr Max + Ally Vercruyssen	
Cheer Tumbling	Beginning Acro & Tumbling (for Cheer, Drill, Dance) Co-Ed / 1 hr	NEW 7-8p Lily Andrews	NEW 7-8p TBN	NEW 5-6p Annabelle Overstreet			1130a-1230p Lily Andrews	930-1030 1030-1130a Ally Vercruyssen 1-2 2-3p Aiko Y-H 4-5p TBN
	Intermediate Acro & Cheer Tumbling Co-Ed / 2 hrs Must have handsprings + flips				4-6p 6-8p Hunter Minahan	4-6p Maray Lindley	1-3p Hunter Minahan	

Monthly Session Tuition: (Military/Personnel pay 15% less than prices shown below for tuition but full price on everything else)	Each Additional Class/Wk			Amt on Left is Tuition through 2025 / Amt on Right is Tuition starting sometime in 2026		
1 Class Per Week	2 students/2X	3 students/3X	4 students/4X	5 students/5X	6 students/6X	
4 Weeks / Month	Add Monthly	2 students/1X	3 students/1X	4 students/1X	5 students/1X	
1 Hour Class	80/100	140/150	200/200	260/250	380/350	
2 Hour Class	120/150	90/75	210/225	300/300	390/375	
				480/450	570/525	

Join Anytime!

Essentially NO Make Ups!

Cancellation Notice:

Annual Membership:

Birthday Parties:
TRIAL LESSONS

Join anytime during an ongoing 4-week (monthly) session, we simply pro-rate you into the first month.

Replacement classes are rarely allowed, only with permission from the site manager or an HA director.

Once enrolled, a student's space in a class is automatically reserved from session to session unless the office receives written notice of discontinuation at least two weeks before the end of the session.

\$60/member (\$240 max/family) due January 1st each year for insurance, T-shirt, fitness testing, etc.

Mid-year enrollment is pro-rated at \$5 for each remaining month of the calendar year

Saturdays 530-730p; Sundays 5:30-7:30p; \$100 deposit

\$15 for 1hr lessons, \$25 for 2hr lessons.