

**2014 Hawaii Academy's Instructor Training**  
(also open to the public)

# **BUNGEE CLINIC**

*Clinician: Max Vercruyssen PhD*

**Sunday, January 25<sup>th</sup>, 7-9 pm**

**At Hawaii Academy Kalihi Gym  
1314 Moonui Street, Honolulu**



Only Instructors having had training in the proper use of bungees are permitted to use these systems at HA. Hawaii Academy has 12 overhead rigs for rope and bungee training. This clinic demonstrates progressions for teaching advance flipping and twisting skills plus insures that all participants can safely and effectively use these overhead systems.

**Cost: Free**  
*Open to  
students,  
instructors,  
everyone*



Register at **HA Office**  
or  
Phone **842.5642**  
**Next Offered:**  
**2015 June 30<sup>th</sup>, 6-8p**