

Purpose

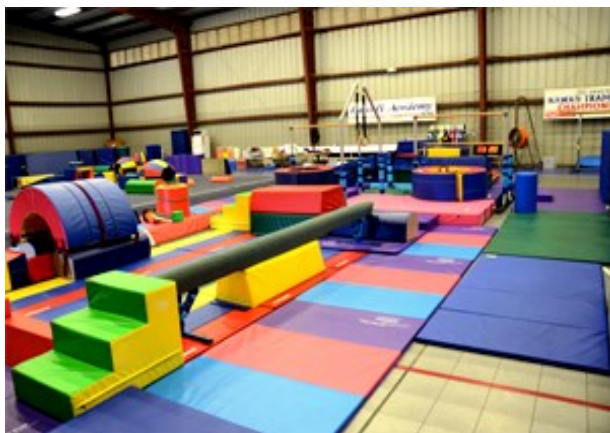
Most important to us is meeting the needs of **students of ALL AGES and ALL ABILITIES** so classes will develop according to that mission. Our goal is provide excellent service especially for our charter members who have been instrumental in early development of the facility, programs, and classes. Thank you in advance for whatever support and suggestions you can give us to accomplish our mission and goals.



Facilities

The Pearl Harbor gym is in a 8,200 sf open span gymnasium near Bloch Arena. We have ten rectangular trampolines (with soft end decks and additional frame/spring foam covering), two tumble tramps, double mini-trampoline, inflatable tumbling strip, parallel bars, still rings, overhead spotting rigs, four 4-point bungee systems, climbing ropes, and more.

Reminder: This is a fantastic facility. However, it was not built with plumbing so remember to take a *water bottle* and schedule use of the *restroom* before and after class at Bloch Arena.



Classes

We offer a variety of classes, seven days a week at our Pearl harbor Gym. See a complete listing of all our classes on the JBPBH Class Schedule on our website.

<http://www.hawaiiacademy.com/pearlharborgymnastics/>

****At JBPBH there are limited spaces for trials/make-ups so we encourage those wishing to try classes to do so at the Kalihi Gym, then sign up for lessons on base. If you miss a class on base you are welcome to make it up during a different time or at the Kalihi Gym. All of the instructors at JBPBH also teach at the Kalihi Gym.**

**Please call the JBPBH gym to check for class availability, and scheduling at:
422.2223**

**Or contact the Kalihi Gym to schedule a free trial lesson or make-up class at:
842.5642**



Tuition and Fees

1-Hour Classes are \$12/hr and 2-Hour Classes are \$9/hr for Active Duty, Dependents, DOD, and Contractors. Registration for an additional class will result in a discounted rate.

Monthly Tuition	1 Class Per Week
1 hour Class	\$48
2 Hour Class	\$72

Multiple Classes/Child Discounts

1Hour Classes	
2 Classes/wk (-10%)	\$86.40
3 Classes/wk (-15%)	\$122.40
4 Classes/wk (-20%)	\$153.60

2 Hour Classes	
2 Classes/wk (-10%)	\$129.60
3 Classes/wk (-15%)	\$183.60
4 Classes/wk (-20%)	\$230.40

These prices are military base prices. Military families will pay the same tuition amount at both Kalihi and JBPBH facilities.

Example: 2, 2-hour classes + 1, 1-hour class = 2 x 72 + 1x48=192(\$full)-15% (28.8) = \$163.20 (Final Charge)

The \$60 Membership Fee is paid in January of each new year. Those entering mid-year are prorated at \$5/remaining months.

Fun Nights At The Kalihi Gym

Almost every Monday, Wednesday, and Friday night Hawaii Academy opens its doors to fitness-minded people for extra practice. Whether you are a current member of our school or not, all are welcome on this one of a kind evening full of fun. If you are a parent please leave your child(ren) with us and enjoy a much needed "night out" while we provide mini-lessons and encourage your child(ren) to practice what they have learned in classes.

College students and older adults also enjoy the practice time, especially if it serves as an escape from stress and tedium. At just \$5 per hour (\$7/hr for non-members) you can't beat the value of this fun experience. Our fun nights are staffed by highly trained individuals. Open to all ages 6 and up, this is a fantastic opportunity for the entire family.

Helpful Tips

How to Start

Annual membership dues are required prior to class registration. The required form is an HA Release/Registration/Informed Consent waiver form. Completing the required form and paying the HA membership fee (\$60 for Jan-Dec) makes the student a Hawaii Academy member. All required paperwork and payments can be made at the Youth Fitness Gym located near Bloch Arena. Registration and payments are also available online at www.HawaiiAcademy.com.

What to Wear

Students should wear clothing that is comfortable, close to the body (but not too tight), and permits unrestricted movement, without zippers, buttons, and belt loops. Shorts, with elastic waist bands, and t-shirts are popular but many females wear leotards and males shorts and tank tops. Long hair must be tied back and jewelry removed for safety reasons. **Because there is no plumbing in the gym it is important to bring your own water** (water bottle) and plan on using the restrooms in Bloch Arena before and after class.

Trials

You are welcome to make an appointment for a free trial lesson in a class that is not full. Please phone 422.2223 to make the appointment, complete the registration/release form, and try the class. After the class please tell the manager if you would like to continue lessons or give that opening to someone else.

Make-ups

If you are going to miss a class please phone in BEFORE your regularly scheduled class to make an appointment for a makeup class at another time. Makeups must be scheduled BEFORE missing class and can not occur on busy days.

Exclusively at Kalihi Gym:

Fun Nights (Extra Practice and Mini Lessons)

Monday (6-10p), Wednesday (6-8p), and Friday (6-10p)

Birthday Parties and Special Events

See Website for details and booking information at:

<http://www.HawaiiAcademy.com/Bday.html>

Hawai'i Academy — A private school for life time fitness, gymnastics, and human sciences for ALL ages and abilities.



Lifetime Fitness & Gymnastics

For Military Families



Joint Base Pearl Harbor - Hickam

Youth Fitness Gym (near Bloch Arena)

Bldg 1680

915 North Road, JBP HH, HI 96860

www.GreatLifeHawaii.com

Gym: 808.422.2223

YSF Office: 808.473.0789

YSF Fax: 808.473.0797

Email: YouthSports@GreatLifeHawaii.com

Hawai'i Academy

Kalihi Gym:

1314 Moonui Street

Honolulu, HI 96817 USA

Gym: 808.842.5642

Fax: 808.841.2564

info@HawaiiAcademy.com

www.HawaiiAcademy.com