



4th Paradise Friendship Meet

15 December 2007

Honolulu, Hawaii



VENUE: Hawaii Academy's Kalihi Gym, 1314 Moonui Street, Honolulu, HI 96817, Oahu

TIMES: AGES 4-95 — 3:30pm stretch; 4-5pm warm-up; 5-7pm competition

AGE DIVISIONS: Determined by number of participants but likely to be 3-6, 7-8, 9-10, 11-12, 13-14, 15-18, 19-29, 30-59, 60-79, 80+

ABILITY LEVELS: Determined by distribution of participants but likely to be all grouped together (e.g., novice to elite) within age divisions

RULES: Rules from the FIG Code of Points. USAG routines given their DD value. Final decisions by meet referee according to international standards.

SCORING: Difficulty score added to three execution scores for a total score. Ties broken in finals according to FIG regulations.

AWARDS: All participants will receive a certificate of participation and a ribbon (color determined by ranking). Prizes will be given for intermission competitions (e.g., handstand contest).

EQUIPMENT: 4 EuroTramp Trampolines (Rebound String Beds & Springs)
2 EuroTramp Double Mini-Trampolines
1 Ross Athletic Supply Rod Tumbling Platform

COST: \$30 for all three events

DEADLINE FOR REGISTRATION: **13 December 2007**
No Changes or New Registrations After 5pm Thursday, 13 Dec 07

TEAM REGISTRATION: Register individually and provide a judge for each 10 athletes (in lieu of judge please pay \$300). Complete team registration on website listing judge(s).

COACHES: Coaches are provided for each flight/squad.

FORMAT: Single day event this year because of scheduling. Next time in conjunction with Hawaii's oldest and largest artistic gymnastics meet, the 33rd Aloha Gymfest, 15-19 January 2009.

CONTACT: info@hawaiiacademy.com; +1.808.842.5642; www.hawaiiacademy.com

Detach and Submit This Individual Registration

Name _____ Age (in years on 31Dec07) _____ Birth Year _____ Sex (M/F) _____
 Address _____ City _____ State/Province/Prefecture _____
 PostalCode/Zip _____ Country _____ Gym School/Club _____ Location _____
 Phones _____ Email _____ Website _____
 Ability: Trampoline (Level/DD) _____ Double Mini (Level/2passDD) _____ Tumbling (Level/2passDD) _____
 Limiting Conditions _____ Instructor/Coach _____ Instructor/Coach's Verification _____
 Emergency Contact _____ Emergency Phone _____ Local Contact/Hotel _____
 CreditCard # _____ Visa ___ M/C ___ Expiration ___/___ SecurityCode _____ Name on Card _____



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HISTORY: This event was originally started with a visit from the Shasta Trampoline Club (Ms Valerie Johnson, Director and Head Coach) in British Columbia, Canada, in December 2004. Then called the Hawaii-Canada Friendship Meet, this event was a great success... It featured mixed synchronized trampoline routines—cross country affiliation, age, sex, and ability. Everyone was required to learn a synchro routine with an assigned partner from the opposite country. The picnic that year was held at Lanikai Beach Park in Kailua.

The second friendship event coincided with the oldest and most famous artistic gymnastics championships—the Aloha Gymfest, in January 2005. This time the main visiting team was the SkySurfers from California (Mr Rich Trimboli, Head Coach). Although complicated logistically with so much going on in the Kailua High School Gymnasium, all had a great time. The picnic was held at Waimanalo Beach Park.

In 2006 the event was held on Presidents' Day weekend in February and was called the 2nd Paradise Friendship Meet and Geriatric Trampoline Championships. We affectionately used the word geriatric to emphasize the fact that trampoline was for all ages, including the aged (oldest competitor was 94 yrs old). Gym clubs from Minnesota (Mr Larry Gleason, Head Coach of Gleason's Gypsy Flyers; Mr Dave Kennedy, Head Coach of the Geriatric Gypsy Flyers), California (Mr Justice Frangipane, Head Coach of the No Fear Team), and Nevada (Ms Mig O'Hara, Head Coach of Reno's Legacy T&T) participated and a the picnic took place in Ala Moana Beach Park.

In 2007 there will be two friendship events. This first was held in February over the Presidents' Day weekend but it was bad timing for the Japanese and conflicted with many mainland club schedules. Nonetheless, it was well attended locally as can be seen by pictures of the youngest and oldest participants to the right.

The current competition is the second meet called the Paradise Friendship Meet held this year. In an effort to combine this meet with the Honolulu Marathon (to make arrangements easier for outsiders, especially the Japanese) this meet was moved to the second weekend in December. Unfortunately a number of conflicts forced the meet to be moved to December 15th and downscaled from three to one day. Although small this time it is being prepared for a grand comeback.

The 5th Paradise Friendship Meet is scheduled to again coincide with the Aloha Gymfest, 15-19 January 2009. It will return to the larger format of multiple days, serve as an international invitational, have an exhibition during the finals of the artistic gymnastics championships, and feature a combined picnic with the Aloha Gymfest participants. This event is scheduled during the US national holiday of Presidents' Day (Monday, 19 Jan 09) to allow more vacation time. It is also located after the Christmas blackout period making airfares more affordable.

THE ACADEMY: Hawaii Academy aspires to provide a private education for children, teens, adults, and seniors that promotes life-long fitness, the understanding of human sciences, and the effective use of technology to extend one's years of functional independence. Gymnastics is used as an instructional and competitive sport vehicle for communicating and motivating local, state, national, and international participation. There are eight departments, each with programs that strive to provide education, research, sports, and recreational activities for ALL ages (1-100 yrs) and abilities (remedial to world class athletes).

HA ANNUAL EVENTS: This meet is one of three hosted annually by Hawaii Academy and the Hawaii Trampoline Association. The other events are the 9th Hawaii Championships (20-23 March 2008) and in the 10th Larry Anderson Classic and Seniors Exhibition (14 September 2008). See <http://www.hawaiiacademy.com/web/SpecialEvents/AthleticCompetitions.htm> for more information.

