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TEAM PRACTICE SCHEDULE

Effective 01 April 2008

Coaches Initials in Red

Website: www.hawaiiacademy.cc

(Athletes are encouraged to arrive 30 min early for stretch/rehab/conditioning)

Interim Athletics Dept Chair: Dr Max Verduyssen

TEAM	MON	TUE	WED	THU	FRI	SAT	SUN
HAWAII ONLY TEAMS	4-6p (L1-8) NV Mia MV 6-7p Dance CI 5-6p Dance CI 6-8p (L1-8) NV Mia	Hula Coming 4-6 & 6-8p (Levels 1-8) Mia NV		6-8p (Levels 1-10) KV	4-6 & 6-8p (Levels 1-8) TB	1-3 & 3-5p (Levels 1-8) NV	(1-3p) 3-5p (Levels 1-8) WR
JUNIOR & HIGH SCHOOL TRAVELING TEAMS	4-6p (L5-10) NV Mia 6-7p Dance CI 5-6p Dance CI 6-8p (L5-10) NV Mia	Hula Coming 4-6 & 6-8p (Levels 5-10) Mia NV	5-7p (Levels 5-10) KV	4-6 & 6-8p (Levels 5-10) KV		1-3 & 3-5 (Levels 5-10) KV	
ELITE TRAMPOLINE TRAVELING TEAMS	4-8p (Levels 10-12) MV--Hiatus	4-8p (Levels 10-12) MV--Hiatus	4-8p (Levels 10-12) MV--Hiatus	4-8p (Levels 10-12) MV--Hiatus	4-8p (Levels 10-12) MV--Hiatus		4:30-7:30p (Levels 10-12) MV--Hiatus
ADULT & COLLEGE TRAMP TEAMS <small>(Must compete in meets)</small>	4-6p (L1-10) NV Mia 6-7p Dance CI 5-6p Dance CI 6-8p (L1-10) NV Mia	Hula Coming 4-6 & 6-8p NV Mia 8-10p DM		8-10p DM			3-5p DM
SENIORS TRAMPOLINE TEAMS <small>(Must compete in meets)</small>	Senior Exercise Class 10:15-11:45a MN & JK				Senior Team Training 4:30-6:30p TuTu Joan Kufferath		
<small>Seniors May Train Any Time on Their Own, With Other Teams, or by Appointment with Dr Max</small>							

TRY A PRACTICE FREE!

THEN TRY OUT TEAM FOR A MONTH

Team Tuition Rates

Levels	Monthly Tuition Installment	Other Estimated Annual Expenses					
		Hawaii Academy Annual Membership	HABC Annual Equip Maintenance Assessment	HABC Deposit on Coach's Annual Travel Expenses	HABC Annual, Shoes, Gym Bag & Uniform	USAG Annual Membership	Annual Meet Fees And Other Expenses
State Tramp Teams (Level 1-8; 2-hr practices)	\$150	\$60	\$40/mon or \$360/yr	\$0	\$42	\$0	\$125
Adult & College Teams (Level 1-12; 2-hr practices)	\$100	\$60	\$40/mon or \$360/yr	TBA	\$42	\$0	\$125
Junior & HS Teams (Level 5-12; 2-hr practices)	\$200	\$60	\$40/mon or \$360/yr	\$500	\$100	\$53	\$3,000
Pre-Elite Teams (Level 10; 4-hr practices)	\$300	\$60	\$40/mon or \$360/yr	\$2,000	\$100	\$53	\$5,000
Junior Elite Teams (Level 11; 4-5hrs)	\$400	\$60	\$40/mon or \$360/yr	\$3,000	\$100	\$53	\$22,000
Senior Elite Teams (Level 12; 5+hrs)	\$500	\$60	\$40/mon or \$360/yr	\$4,000	\$100	\$53	\$41,000
Seniors Teams (Level 1+; 2-hr practices)	\$0	\$60	\$30/mon or \$360/yr	TBA	\$28	\$0	\$125

Annual Academy Membership Fee (renewed on January 1st of each year): \$60

Get a free Academy T-shirt when annual membership is paid.

Get a free HA Athletics Team T-shirt annually.

Athletes cannot compete until Tuition and Team Fees are paid.

Free Trial!

Join Anytime!

Enrollment:

After recommendation by an instructor or coach, phone for a trial practice with the team of your choice.

Join anytime during an ongoing monthly session, we simply pro-rate the remaining weeks of the first month and remaining equip assessment.

Team is an annual commitment! Continuous enrollment is required. Please notify coach and office of changes in advance.

To remain on team the minimum enrollment requirement is the payment of monthly team tuition.

Billing:

Monthly team tuition is automatically billed to each athlete's account, continuously until notification of discontinuation.

It is the client's responsibility to notify the coach and office (registrar) of changes in the number of practice days per week

Total Cost:

Annual membership + monthly team tuition + equip maintenance fee + coaches travel expenses + meet expenses + uniform

State Teams

pay membership fee (\$60) + monthly team tuition (\$150) + portion of coach's expenses (\$0--included) + equip maintenance (\$360/yr) + local meet expenses (about \$125) + uniform (about \$42)

Junior & HS Teams

pay membership fee (\$60) + monthly team tuition (\$200) + portion of coach's expenses (\$500 deposit) + equip maintenance (\$360/yr) + travel & meet expenses (~\$3,000) + uniform (about \$100) + USAG membership

Adult & College Teams

pay membership fee (\$60) + monthly team tuition (\$100) + portion of coach's expenses (TBD deposit) + equip maintenance (\$360/yr) + travel & meet expenses (~\$1,500) + uniform (about \$42)

Seniors Teams

pay membership fee (\$60) + monthly team tuition (\$0) + portion of coach's expenses (\$0) + equip maintenance (\$30/mon) + meet expenses (about \$125) + uniform (free shirts)

Elite Teams

pay membership fee (\$60) + monthly team tuition (\$300-500) + portion of coach's expenses (\$2,000+ deposit) + equip maintenance (\$360/yr) + travel & meet expenses (\$5,000+) + uniform (about \$100) + USAG membership (\$53)

Cancellation Notice:

Once enrolled, an athlete's spot on a team is automatically reserved from month to month until the office receives written notice of discontinuation at least two weeks before the end of the month.