

Meet Fees

Visitors: **\$65** Entry Fee per player
Plus a judge for each 10 Players
(Including T-Shirt, Souvenirs, Picnic & Training Time)

Hawaii Players:
Level 5-12: **\$50** & Pot Luck Item & Help
Level 1-4: **\$40** & Pot Luck Item & Help

Late Fee: **\$10** if paid after 07 Jan 09 Deadline
(Payments are Donations to HABC Equipment Maintenance Fund)

Schedule

Thursday Jan 8th: 8:30a Japanese Delegation Arrives
10a-12p JTA Juniors Light Practice
4-8p HA Team Training & Classes

Friday Jan 9th: 9a-11a Clinics for JTA Juniors
11a-12p Open Training for JTA Juniors

Session 1

3:30-4:30p **Ages 11-19 Yrs Warm-up**
4:30-6:30p **Competition & Awards**
6:30p Pot Luck Dinner at HA Gym
9p HTA & JTA Business Meeting

Saturday Jan 10th:

Session 2

9-10a **Ages 3-10 Yrs Warm-up**
10a-12p **Competition & Awards**

Session 3

1-2p **Ages 19-99+ Yrs Warm-up**
2-4p **Competition & Awards**

Session 4 FINALS (Ranking of Champions)

6-7p **Warm-up** (all age group winners)
7-8:30p **Competition & Awards**

Sunday Jan 11th: 9:20a Departure of Japanese Delegation

Clinics include training on bungee and special flipping/twisting equipment.



... A fun meet for all ages, among friends, in paradise...

Yokoso Nihon no Tomodachi!

Hawaii Academy

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JTA — Japan Trampoline Association — Their junior champions are visiting in 2009.

Hawaii Academy — a private school for lifetime fitness, gymnastics, and human sciences for ALL ages and abilities.

Hawaii Trampoline Association (HTA) a professional assembly of trampoline athletes, coaches, judges, educators, program directors and gym owners in Hawaii

1ST PACIFIC Friendship Meet

5th Paradise Friendship Meet



ALL ABILITIES:
Novice - Elite



ALL AGES: 3-99 yrs



Honolulu, Hawaii

8-10 January 2009
Island of Oahu, USA

Bird of Paradise



Pacific, Pan-Am & World Champions

Friendship Meet

This event is an opportunity for athletes of **ALL AGES (4 to 100+ years)** and **ABILITIES (remedial to expert)** to visit Hawaii, train in a well-equipped facility, and compete in a friendly environment. Aloha! Welcome to Paradise. Come and train, go to the beach, and make new friends.



Event Information

- Meet Site:** Hawaii Academy Gymnasium
- Dates:** 8-11 January 2009
- Equipment:** 4 Euro Tramps (string beds) + 8 others
2 Euro Double Mini-Tramps (web & string)
1 Competition Rod Floor
- Meet Director:** Dr Donna Mah
- Meet Referee:** Dr Max Vercruyssen
- Parent Host:** SMSgt William Wilkinson
- Scoring:** FIG Routine 2 (Execution + DD scores for all competitors) — No compulsories
- Dress:** Competition style for meet & Casual for all other

Hawaii Academy

Hawaii Academy's academic, research, and recreation programs aspire to provide a private education for children, teens, adults, and seniors that promotes life-long fitness, understanding of the human sciences, and effective use of technology to extend one's years of functional independence. Furthermore, we seek to provide a vehicle for our members to achieve excellence in the competitive sport of trampoline gymnastics at the state, national, and international levels.

Beach Picnic

This year we will not have a beach picnic but instead enjoy a pot luck dinner at the gym following session one (Friday 6:30pm). The Japanese are returning early Sunday morning (and the Maui players Saturday night) so the picnic is replaced with a dinner for 2009.

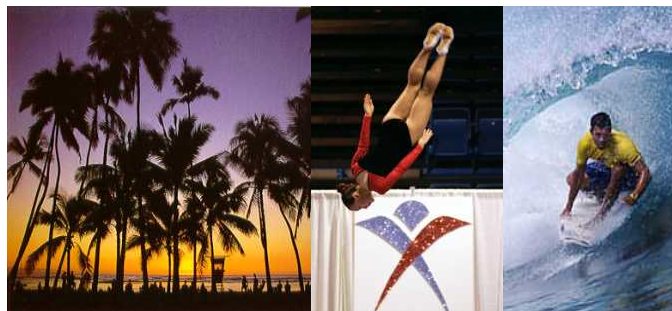


Competition Format

All participants are divided into age groups (3-6, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, 19-29, 30-59, 60-69, 70-79, 80-89, 90+ yrs). Execution and DD judges combine scores to determine rankings according to the FIG Code of Points. Awards are given to each age group.

Elites will compete either on the Jr (youth) or Sr (open) level. If fewer than 10 elites compete, the Jr and Sr categories will be combined. College athletes will be divided into three divisions or classes according to degree of difficulty (A = 7.0+, B = 3.5-6.9, C = 0-3.4).

FINALS determine the champion of the champions (female & male) and are judged according to FIG senior rules (USAG Level 12) with top six elites (junior and senior, male and female) joined by the champions of all the other age divisions and levels on trampoline and double mini. (There may be some tumbling exhibitions during Finals.)



Other Attractions

- Hanauma Bay (snorkeling, scuba diving)
Kailua Beach (windsurfing)
North Shore (watch surfing)
Waikiki Beach
Bishop Museum (near Hawaii Academy gym)
Iolani Palace & King Kamehameha Statue
Pearl Harbor & Punchbowl Cemetery
Polynesian Cultural Centre
Ala Moana Shopping Center
Diamond Head Crater (hiking)
Hawaiian Water Adventure Park
Golfing, Tennis, Surfing, Jet Skiing, Sky Diving



Please visit these websites for information on inexpensive flights, packages, and accommodation here in Honolulu:

www.orbitz.com www.expedia.com
www.hotels.com www.travelocity.com
www.visithawaii.com

We can offer a 20% discount and room upgrades at Aqua Hotels and Resorts (<http://www.aquaresorts.com/>).

We enthusiastically encourage our friends in the Japan Trampoline Association to join in the inauguration of the 1st Pacific Friendship Meet.

We affectionately use the term geriatrics in hopes of demonstrating you are never 'too old' to participate. Our oldest competitor is 97 years old and he started jumping at 93.

Welcome everyone to our Island, City and Event. (Yokoso Nihon no tomodachi!)

Dr Donna Mah
Meet Director

Dr Max Vercruyssen
Meet Referee

SMSgt William Wilkinson
HABC President