

2012 ANNUAL TRAMPOLINE COMPETITIONS IN HAWAII:

Hawaii Academy hosts the four meets shown below at the HA gym (ceiling height is 29.5'/9.8m with in-ground trampolines), one of the best rebound facilities in the Pacific with 15 trampolines, two rod floors, and two tumble-tramps. Most equipment is manufactured by Rebound Products, EuroTramp, or fabricated in-house. This facility has possibly the most advanced rebound technologies anywhere (e.g., eight advanced bungee systems, four electronic timing systems, six delayed playback video systems, 10 overhead spotting systems, and special combinations of frame-spring-bed designs for optimal performance). For a friendly training environment (Aloha Spirit) in a tropical paradise please consider attending one of our meets. Jumpers of all ages (2-99+yrs) and abilities (remedial to world elite) are welcome. To permit teams from all countries to participate, (optional) 10-skill routines are performed with judging according to FIG second routine rules (USAG Levels 1-12 routines are okay) with awards for each age group. Some skills of no value are given modest DD points in the sessions involving children (2-5 yrs) and elders (50-99+) according to rules of the Hawaii Trampoline Association. Trampoline scores = 3 execution scores + routine DD + time of flight.



8th Paradise Fun Meet

2012 FEBRUARY 18 (Saturday Afternoon)

The goal for this competition has always been to maintain friendships with international clubs and to find new friends in sport programs around the world. In the past it has been a memorable training week for athletes and coaches, a friendly competition, good times at the beach and warm outdoor activities in the middle of winter. This is also the kickoff event for the new year.

3rd Pacific Friendship Meet

2012 MARCH 24-25 (Saturday-Sunday)

The long term goal of this meet is to create a rotating meet among international programs in the Pacific. In 2009 this meet featured 18 All Japan Junior Champions (female and male) for grades 1-3, 4-6, and 7-9. Especially welcome are teams from Canada, China, Hong Kong, Japan, Mexico, Russia, and the mainland US. The date is set mainly by the school calendar of Japan where the last two weeks of March are a holiday before their school year starts the first Monday of April. [When Japan hosts this event it is scheduled at another time of the year and the Hawaii Championships are then scheduled in the last two weeks of March.]

12th Hawaii Championships

2012 APRIL 21 (Saturday Afternoon)

This event features a finals session (top 8 males and top 8 females on trampoline and double mini tramp over all ages and ability levels). The competition is open for anyone wishing to participate, no matter if the gymnast lives in the state of Hawaii or anywhere in the World. Special Hawaii Trampoline medals and trophies are awarded at this event. Also featured is the Mixed Pairs (Male-Female) No Flip Synchronized Trampoline Challenge.

14th Larry Anderson Classic & Elders Exhibition

2012 NOVEMBER 11 (Sunday Afternoon)

This is our annual tribute to the late Mr Larry Anderson, the most distinguished pioneer of trampolining in Hawaii. Mr Anderson created the first trampoline school in Hawaii (the Larry Anderson Trampoline Club) and coached into his 90s inspiring thousands of students (including our trampoline coach Wendy Rosen) to enjoy bouncing trampoline, regardless of age or ability. Also, this event is a fitting forum to showcase activities of our Kupuna (50-99+ yrs) exercise classes. This is a FUN meet for all and an opportunity for everyone to see our community elders demonstrate what they do in their classes.



2012 TRAMPOLINE COMPETITIONS IN HAWAII:

— 8th PARADISE FUN MEET —
February 18 (Saturday Afternoon)

— 3rd PACIFIC FRIENDSHIP MEET —
March 24-25

— 12th HAWAII TRAMPOLINE CHAMPIONSHIPS —
April 21 (Saturday Afternoon)

-- 14th LARRY ANDERSON CLASSIC & Elders Exhibition --
November 11 (Sunday Afternoon)

Each meet features three events: trampoline (TR), double mini-trampoline (DM), and tumbling (TU). Clubs should not worry about trying these events for the first time... spend some time practicing and give it a try. It's a friendly environment to try new things. Those coming from outside of Hawaii should contact us early for help with travel and housing accommodations.

**Welcome to our tropical paradise in the middle of the Pacific...
the most remote location from anywhere in the world!**

**Escape for a week to train and compete in a great gym environment
and climate that is the same every day of the year — perfect!**

**If you cannot make one of our four scheduled competitions,
contact us to arrange dates that are ideal for your teams.**

**All competitions are held in the Hawaii Academy
gymnasium to minimize meet expenses and to pro-
vide an informal venue. This gym is ideal for train-
ing because of its advanced bungee and overhead
spotting systems, 15 trampolines, and experimental
video and rebound timing systems.**

**Let us know how we can help you make your trip to Ha-
waii the best adventure you have taken as a group.**

**Mahalo (Thank you) for exploring the Island of Oahu and spending some time
at Hawaii Academy.**



All Sessions are at Hawaii Academy unless otherwise noted
Download information and registration forms from:
www.hawaiiacademy.com/web/SpecialEvents/AthleticCompetitions.htm
EuroTramp and Rebound Products Equipment to FIG Specifications

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