

Birthday Parties & Celebrations

Hawai'i Academy promotes lifetime fitness and physical activities. Try our active alternative to sedentary celebrations. We think you, the honoree, and your guests will enjoy the fun, safe, and educational programs we offer. Work with our staff to design a unique event to entertain your guests. School excursions are also welcome.

Event Format

Although almost any arrangement can be contracted, the typical event consists of 90 minutes for a warm up and then instructions on many events or stations (according to the age of the attendees); 30 minutes for the food and celebration within a specific area. We specialize in age groups from 2 to 100 years, up to 100 participants per event.

Times Available

Saturdays and Sundays: 5:30-7:00p, 5:30-7:30p

Most holidays and other days Hawaii Academy is not conducting regular classes

(There may be a surcharge for events on days there are no regular classes at the Academy)

Event Schedule

4 weeks before if possible: book event, make \$100 deposit (3 or more months if specific date is desired)

2-3 weeks before: invite guests (include the waiver) & request that they bring socks

1 week before: confirm details with instructor doing party

At event: prepare tables and enjoy event, pay balance due.

After event: return feedback form to Hawaii Academy.

FACILITY

Our *Kalihi Gym*, at 1314 Moonui Street, is an 8000 sq ft facility with state-of-the-art competitive trampoline and artistic gymnastics equipment for recreational gymnastics, power tumbling and trampoline, parkour, dance, and fitness training, including two power tumbling rod floors, two tumble tramps, and Olympic/World level trampolines. We train advanced teams, including national/world champions, and host state and international trampoline championships.



Costs and Information

Many event offerings are possible and contracts are flexible. The most popular arrangement is a 2-hour birthday party for which we charge a \$250 minimum for 1-15 participants and an additional \$10 for each participant over 15. (The maximum number of participants is 100.) The 3-hour rate is 50% more of total rate. The event is not booked until we receive the contract and a \$100 deposit. Events not confirmed and booked (contracted) by seven days prior to the event will be released to any one else interested in booking that date. The balance of the account due must be paid immediately following the event.

- * Participants must be at least 2 years (seniors are encouraged but special arrangements are made for participants over 60 yrs of age). Children 3 and under are required to have an adult "assistant".
- * 20% discounts for Academy members.
- * Any event not confirmed 7 days prior is considered cancelled and will be rebooked for another party.
- * \$100 Deposit (non-refundable).

Items We Provide

- Gymnastics, fitness, tumbling and trampoline equipment for instruction and play
- Qualified, enthusiastic, and helpful instructor(s).
- 1-4 tables (each 3'x8'), up to 60 chairs, refrigerator/freezer (space is limited), fans, sound system, VCR, and computers.
- Coupons for a free lesson are given to all participants and guests compliments of the honoree or event sponsors.
- T-shirt provided by the Academy for birthday honoree(s).
- Party/Event planning and other services are available.

Your Checklist:

- ◇ Book event and submit contract with deposit
- ◇ Bring decorations, table clothes, paper goods, refreshments, food, matches, candles, utensils, cameras, and music.
- ◇ Arrive 10 min before event, earlier if needed
- ◇ Setup during the first 90 min of instruction. Conduct your 30 min program with the food, refreshments, singing etc.
- ◇ Pickup table area (we do everything else).
- ◇ Pay balance due
- ◇ Mail in feedback form ASAP after event

Instructors

Shane Doi *Instructor, Team Coach, Judge, Trampoline Program Head*

Mr Shane has been taking classes at the Academy since 2006. He is currently enrolled in our Adult Fitness Program and has won awards for rapid learning. His classes grow much because of his personal enthusiasm to learn.

Michael Hedwall *Instructor, Day Manager*

Mr Michael has many years of experience at all levels of gymnastics club operations and special events management. His students love him because he is enthusiastic, warm, caring, knowledgeable, and fun.

Mike Nakashima *Instructor, Judge, Seniors Coordinator*

Mr Mike earned a Bachelor's Degree in Physical Education and certificate in Early Childhood Development from Long Beach State University in California. 25 years of gymnastics experience includes being a USAG National Safety Instructor, an NCAA University gymnastics coach at Long Beach State University, a Compulsory Team Coach, a USAG Skill Evaluator, and a Tramp-Tumbling judge (all levels in Hawaii).

Joelle Perkins *Instructor; Substitute Manager*

A 2005 honors graduate of Kamehameha High School where she was a springboard diver and gymnast. She received her BA in Economics at the University of Hawaii-Manoa in 2008 and will attend Law School as of Fall 2009. She is a very favored instructor by the younger members at the Academy.

Justine Perkins *Head of Birthday Parties, Academy Asst Director, Instructor, Coach/Judge*

Coach Justine is a graduate of Kamehameha High School and Wilson College, Chambersburg, PA, where she competed on their gymnastics teams (ILH & NCAA Division 3). She has a degree in Culinary Arts, a bachelors in Business and a minor in Athletic Coaching. She is USAG safety certified and a professional member.

Travis Mukina *Instructor*

Mr Travis has won several national championships in cheerleading and is a fantastic teacher in his day job and at the Academy at night. Many cheerleaders and tumblers go to him for acquiring required and more advanced skills.

Ven Seward *Instructor, Fitness Program Head*

Mr Ven is very popular with students in all of his classes. A certified fitness trainer, Mr Ven is training to manage and grow many programs at HA.

Kira Vercruyssen *Head of Trampoline Program, Coach/Judge, Academy Asst Director*

State Champ in artistic and trampoline gymnastics and a National Champion in Trampoline, Coach Kira is very good at advancing beginners to become competitive athletes. Her classes are very popular and fill quickly. She is the Academy Head Coach for the trampoline gymnastics teams program.

Mia Vercruyssen *Coach/Judge, Instructor*

A state and regional level artistic gymnast, state and national champion trampolinist, and high school cheerleader, and college dormitory resident adviser, Coach Mia keeps herself very busy. Her technical knowledge is quite exceptional plus she relates well with teenage athletes. She attends Eastern Washington University and works at HA during school breaks.

Nani Vercruyssen *National/World Champion, Coach/Judge*

Nani, is the most decorated gymnast at the Academy and in the state. She is a three-time Age Group WORLD CHAMPION (<18 yrs) on double mini and trampoline. Coach Nani is also a six-time national champion, USAG Sportswoman of the Year, and one of our top coaches, and a judge at most of our invitational competitions. She is very popular as a coach and instructor.

Gratuities are encouraged and appreciated!

Directions to the Gym

Ewa Bound- Take the H-1 freeway westbound and take the Vineyard St. exit, stay in the left lane, and turn left at the traffic light. Continue down the road (Farrington High School will be on the right) and across King St. Moonui St will be the 2nd road on the left side, turn left at the gas station. Hawaii Academy is located at the end of the road on the left side.

Diamond Head Bound - Take the H-1 freeway eastbound and take the King St. exit. Continue through downtown Kalihi on King St until Kalihi St. Get into the right lane (Farrington High School on the left side) and continue on King St to Waiakamilo St. Turn right onto Waiakamilo, and get in the left lane. Moonui St will be the 2nd street on the left side. Turn at the corner service station, and the gym will be at the end of the street on the left.

Hawai'i Academy
1314 Moonui Street
Honolulu, HI 96817 USA
www.HawaiiAcademy.com



Hawai'i Academy — a private school for lifetime fitness, gymnastics, and human sciences for ALL ages and abilities.

Birthday Parties, Celebrations, and Special Events

Physically active events for guests of ALL ages pre-schoolers, children, teens, adults, seniors!



Party treats as a break from the physical activity.

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